

2022

MSHW

(B.Sc. Second Semester End Examination-2022)

PAPER-205T

Full Marks: 40

Time: 02 Hrs

The figures in the right hand margin indicate marks

Candidates are required to give their answers in their own words as far as practicable

Illustrate the answers wherever necessary

1. Answer any five questions from the following: 5x2= 10

- a. What do you mean by carbohydrate loading?
- b. Write any four physiological changes associated with aging.
- c. Define weaning.
- d. Write any four advantages of breast feeding.
- e. What is complementary feeding?
- f. Define Pica
- g. Write the name of any two dietary antioxidants.
- h. Define pre-term baby

2. Answer any four questions from the following: 4x5 = 20

- a. Distinguish between cow milk and human milk. Define colostrum. 4+1
- b. Write the nutrition management of pre-term baby. 5

(2)

- c. Write the nutritional requirement of an athlete. 5
- d. Write the dietary guidelines of a geriatric person. 5
- e. Briefly discuss about feeding problems of the infant. 5
- f. Which are the types of carbohydrate and protein requiring for athlete and why? 5

3. Answer any one question of the following: 1x10 = 10

- a. Write the nutritional requirement of pregnant mother. Write the common problems noted in pregnancy. 6+4
- b. What is formula feeding? Why is calorie reduced in old age people? 4+6
