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RNLKWC/B.Sc.-CBCS/IS/NUT/H/C1T/22

2022

Nutrition

[HONOURS]

(CBCS)

(B.Sc. First Semester End Examination-2022)

PAPER-C1T

Full Marks: 40

Time: 02 Hrs

The figures in the right hand margin indicate marks

Candidates are required to give their answers in their own words as far as practicable

Illustrate the answers wherever necessary

Group-A

- 1. Answer any five questions of the following: 5x2=10**
- a) What do you mean SDA?
 - b) What do you mean by reference women?
 - c) Write the full form of DLW and TEE.
 - d) What is adequate nutrition?
 - e) What is EAR?
 - f) What do you know about nutritional assessment?
 - g) What is Bitot's spots?
 - h) Define 'Balance nutrition'.

(2)

Group-B

2. Answer any four questions of the following: **4x5 = 20**
- a) i) Mention different types of malnutrition.
 - ii) Define malnutrition. **3+2**
 - b) Write the dietary guidelines according to NIN. **5**
 - c) What are six factors influencing BMR. **5**
 - d) What do you mean by 'ABCD' method for nutrition status assessment? Explain. **2+3**
 - e) Discuss about basic five food groups. **5**
 - f) Write the differences between hygiene and sanitation. Write the different aspects of food hygiene. **3+2**

Group -C

3. Answer any one question of the following: **1x10 = 10**
- a) i) Write the basic concept of health as adopted by WHO.
 - ii) Write the visible symptoms of good health.
 - iii) Write the difference between kwashiorkor and marasmus. **2+3+5**
- b) i) What are the scopes of dietetics as a subject?
- ii) What are the code of ethics for a dietitian?
 - iii) Write the physiological fuel value and gross fuel value of macronutrients. **3+2+(2+3)**