

Total Pages – 3

B.Sc. RNLK-/GE1T/21

2021

Nutrition (Generic)

[First Semester]

Paper - GE1T

Full Marks : 40

Time : 2 hours

*The figures in the right-hand margin indicate marks.
Candidates are required to give their answers in their own
words as far as practicable.
Illustrate the answers wherever necessary.*

Group - A

1. Answer any five of the following questions : 5×2=10

- a) Define BMR with normal value.
- b) What do you mean by SDA of foods?
- c) What are the aim of National Nutrition Policy?
- d) Who are the target group of MDMP?

(Turn Over)

(2)

- e) Write the advantages of cooking?
- f) What do you mean by sieving method?
- g) Define 'Reference Woman'.
- h) Write the functions of dietary fibre.

Group -B

2. Answer any four from the following questions : 4×5=20

- a) Write the functions of protein. Why is iron important in our diet? 3+2
- b) Write down the significance of SDA. What is the mental dimensions of health. 2+3
- c) Write the advantages and disadvantages of marinating? 3+2
- d) Write the factors influencing BMR. 5
- e) Write the services of ICDS programme. State about the programme components of MDMP. 3+2
- f) Write down the RDA of a pregnant women. What would be the RDA for a 6-year old child? 3+2

(3)

Group - C

3. Answer any one of the following questions : 10×1

- a. (i) Discuss about different concept of health.
(ii) What do you mean by Grilling?
(iii) What are the signs and symptoms of kwashiorkor and marasmas? 4+2+4
- b. (i) Write a short note on NIDDCP.
(ii) Enumerate the structure of ICDS system.
(iii) Write the importances of BMR 4+4+2